The Effect of Work Stress on the Internal Auditor's Performance in the Kingdom of Saudi Arabia

Empirical Study

ABSTRACT

This study aimed at identifying the causes of work stress in internal auditing in Saudi Arabia and its effect on the Internal Auditor's Performance.

Based on the nature of this study, the theoretical induction approach has been adopted which is based on reviewing previous studies with the purpose of reaching an overall theoretical framework for the problem under research. An analytical descriptive approach has also been used in with the aim of analyzing and interpreting results to reach suitable generalizations.

The overall results of this study has indicated the neutrality or disagreement of those involved in the research towards the aspects under question (work stress). Except for the fact that the work of the internal auditor absorbs most of his time and with respect to that statement linked to other statements, this can indicate how far the internal auditor enjoys his work and not the opposite. This statement is also related to the attempt of the auditor to work with his colleagues to reach a better understanding of the problem even if this is related to the fact the auditor gives his colleagues the chance to express their views to reach an agreement, it can be considered from a positive point of view in the light of the overall results of the aspects. under question that the results related to these two statements refer to the good relationship between internal auditor and his colleagues and in this case, it doesn't constitute any form of pressure for him.